Understanding the Epidemiology and Natural History of IBD for Clinicians  
*Michael V. Chiorean, MD*  
Describe the epidemiology, natural history, and theories regarding the development of IBD, and differentiate IBD from its mimics.

Goals of Caring for the IBD Patient  
*David T. Rubin, MD, FACG*  
Analyze the available data and positioning in IBD management of patient-centered goals and published algorithms of care.

ACG Crohn’s Guidelines Update  
*Christina Y. Ha, MD*  
Identify the key take-away points and treatment changes based on the new ACG Crohn’s Guidelines.

ACG UC Guidelines Update  
*David T. Rubin, MD, FACG*  
Identify the key take-away points and treatment changes based on the new ACG UC Guidelines.

Getting Your Patient the Medication You Prescribed: Tips and Tricks  
*Shivani A. Patel, PharmD, BCPS*  
Adapt a methodical approach to obtaining pre-authorizations and appealing denials for medical therapies in IBD.

Drug and Disease Monitoring  
*Gauree G. Konijeti, MD, MPH*  
Critically analyze the available data supporting therapeutic drug monitoring, recommendations for pre-therapy testing, and proactive management while receiving therapies.

Timing of Surgery and Prevention of Postoperative Recurrence  
*Nimisha K. Parekh, MD, MPH, FACG*  
Outline the management of IBD patients who are surgical candidates, and describe the management of patients in the postoperative period.

Cancer Prevention in IBD  
*Fernando S. Velayos, MD, MPH*  
Summarize primary and secondary cancer prevention in IBD patients, including the use of chromoendoscopy.

Management of EIM: Disease-Related, Disease-Unrelated, and Therapy-Related  
*Jonathan A. Leighton, MD, FACG*  
Identify non-gastrointestinal conditions associated with IBD and their management.

Complementary and Alternative Medicine in IBD  
*Michael V. Chiorean, MD*  
Interpret the evidence base for popular alternative therapies including medical marijuana, herbal remedies, and probiotics.

Diet and Nutrition  
*Gauree G. Konijeti, MD, MPH*  
Outline the evidence for different diets in managing patients with IBD.

The Pregnant Patient With IBD  
*Christina Y. Ha, MD*  
Discuss IBD management strategies before and during pregnancy.

Microscopic Colitis  
*Nimisha K. Parekh, MD, MPH, FACG*  
Describe the epidemiology and management of microscopic colitis.